



# SALLISAW PUBLIC SCHOOLS

## Eastside Elementary School

### Breakfast and Lunch Menu

April 2023



Alternate Cereal and Grahams available for breakfast each day.

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2022-2023 School year.		
3	4	5		7
Ham and Cheese Biscuit Fruit Juice, Milk	Pancakes and Sausage Fruit Juice, Milk	Smoothie and Toast Fruit Juice, Milk	Fruit Juice, Milk	GOOD FRIDAY
<b>Popcorn Chicken Salad</b>  Shredded Cheese Boiled Egg Crackers Fresh Fruit and Vegetable Bar Milk and Cookie	<b>Beef Tachos</b>  Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Pork Roast</b>  Mashed Potatoes & Gravy Green Beans Biscuit Fresh Fruit and Vegetable Bar Milk and Cake	<b>Baked Potato</b>  "Fixins" Breadstick Fresh Fruit and Vegetable Bar Fudge Bar Milk	
Hamburger/Veggie	SAME	Chicken Nuggets/Potato	SAME	
10	11	12	13	14
Sausage Biscuit Fruit Juice, Milk	Waffles Fruit Juice, Milk	Oatmeal and Cinnamon Toast Fruit Juice, Milk	Donut Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Turkey and Cheese Wrap</b>  Ranch Pasta Salad Fresh Fruit and Vegetable Bar Cookie Milk	<b>Eastside Special</b>  Rice, Chicken & Cheese Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Chicken Fried Steak Fingers</b>  Mashed Potatoes & Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Spaghetti and Meat Sauce</b>  Green Beans Breadstick Fresh Fruit and Vegetable Bar Milk	<b>Hot Dog</b>  Potato Salad SunChips Fresh Fruit and Vegetable Bar SideKick Milk
Hamburger/Veggie	SAME	Chicken Nuggets/Potato	SAME	PBJ/Cheese Stick/Veggie
17	18	19	20	21
Sausage, Egg & Cheese Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Strawberry Parfait Fruit Juice, Milk	Bacon, Eggs and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Breaded Chicken Sandwich</b>  Lettuce and Tomato Potato Wedges Fresh Fruit and Vegetable Bar Cookie Milk	<b>Soft Beef Taco</b>  Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Popcorn Chicken</b>  Mashed Potatoes & Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Cheeseburger Macaroni</b>  Pretzel Fresh Fruit and Vegetable Bar Apples and Caramel Milk	<b>Chicken Bacon Ranch Flatbread</b>  Fresh Garden Salad Fresh Fruit Bar Banana Pudding Milk
Hamburger/Veggie	SAME	Chicken Nuggets/Potato	SAME	Pizza/Veggie
24	25	26	27	28
Ham, Egg & Cheese Muffin Fruit Juice, Milk	Cheese Omelet and Toast Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
<b>Pig in a Blanket</b>  Honey Mustard Dipping Sauce Strawberry Spinach Salad Fresh Fruit and Vegetable Bar Milk and Cookie <b>PIG IN A BLANKET DAY</b>	<b>Burrito</b>  Spanish Rice Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Meatballs</b>  Mashed Potatoes and Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>CornDog</b>  Broccoli and Cheese Fresh Fruit and Vegetable Bar Yogurt Fluff Milk	
Hamburger/Veggie	SAME	Chicken Nuggets/Potato	SAME	

\*\*\*Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.